

DAY STAR SCHOOL

STD 4 HOLIDAY PROJECT WORK OUTLINES

ENGLISH Write an Autobiography of you

- 1) Make an elegant design the cover page with your own pictures and write the following in the pages inside:
 - Introduction of yourself (place of birth and date) and family members.
 - Hobbies, favorite food, sports, clothes, places visited
 - School life, friends and neighbours
 - Important incidents happened in your life
 - Ambition (what do you want to be in your life)
- 2) Conclusion – what is it that you liked that happened in your life?

MATH- Prepare a bar chart of the number of members of any five families in your neighborhood.

Head of the family
No. of family members

HINDI- Write about the winter season and stick relevant pictures.

SCIENCE- Analyze your diet

1. Observe your diet for 10 days. Use the following table to record your observations:

SN	Date/Day	Breakfast	Lunch	Dinner

2. Classify the food items from the above table into the following categories:

S.No.	Carbohydrates	Fats	Proteins	Vitamins & Minerals	Roughage	Water	Junk food (Write name only)

3. Based on your observation answer these questions

Am I eating a balanced diet? Which nutrients are less in my diet & why? Which type of food is consumed in excess and why? What is the percentage of junk food am I eating? How is it harmful for me? Write bad effects of junk food on your health? What changes should you make in your daily diet so that your diet will be a balanced diet? (Write in points) Which food items must be included or excluded in your diet?

4. Discuss with your parents and have a daily diet chart for one week.

SOCIAL STUDIES- India's Freedom Fighters

Page 1 (Introduction)- Whom do you consider to be your hero? Write their Characteristics.

Choose any three famous people and write a brief history of each one of them.

Page 2-4 For example (Mahatma Gandhi, Jawaharlal Nehru, Rani Jhansi, Bhagat Singh etc.,)

When and where were they born? Where did they study? What was their contribution towards the country? Which are their famous slogans? Why do you consider these people as your hero?

Page 5: Design a postal stamp of that Hero on your own

Page 6: Stick relevant Pictures

Page 7: Write a conclusion